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BREAKING NEWS

Welcome to to Covid-19 Alert Level 1

What you can do in Level 1

The Rules

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Welcome to to Covid-19 Alert Level 1

Here are some of the changes, or how life will change under level 1

What you can do in Level 1

- Restrictions on businesses and services will be lifted.
- Rules governing hospitality outlets will be lifted.
- There will be no physical distancing rules, and limits on gatherings will be removed.
- Crowds will be allowed at sports matches and church services.
- Community sport can resume without restrictions.
- Physical distancing is no longer required on air travel or public transport.
- Border controls remain in place with compulsory managed quarantine for anyone entering the country
- Only New Zealanders and permanent residents and their families are allowed to enter the country
- Increased hygiene is expected of all New Zealanders.
- Travel
 - Under level 1, Kiwis can still travel domestically and social distancing measures are removed for planes and public transport. But under the lower alert level the country's border restrictions remain. There's no date yet for when the border may potentially reopen.
 - The relaxing of measures at level 1 will allow for a greater capacity at attractions and on tours, and possibly the return of festivals and other events.

The Rules

The 10 rules Kiwis should adhere to when the country enters Covid-19 Alert Level 1. They're not 'rules' in the same way as level 4 lockdown rules, but general advice and guidance:

1. If you're sick, stay home. Don't go to work, school or socialise.
2. If you have cold or flu-like symptoms, call your doctor or healthline. Get tested.
3. Wash your hands.

4. Sneeze or cough into your elbow and regularly clean shared surfaces.
5. You must self-isolate if you're told by officials to do so.
6. Stay healthy, work with your GP if you have underlying health issues.
7. Keep digital diaries for contact tracing, keep track of where you've been.
8. Businesses help people track movements by displaying the QR code.
9. Stay vigilant.
10. Be kind to others and be kind to yourself.

TNC contact details

Please contact us should you have any questions and queries, initially by email.

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